

PARENT ENRICHMENT COMMITTEE

of our HFE Eagle Alliance

presents

How to Raise a Self-Sufficient Child

with speaker

❧ **SUCHETA KAMATH** ❧

Wednesday, September 30

at 8:00 AM

HFE Cafetorium



Come grab a cup of coffee and listen to Sucheta Kamath speak about Executive Functioning and how this affects your child.

Every parent wishes to raise a child who becomes skilled, independent and self-sufficient. Various learning challenges including problems with focus and motivation, poor daily habits and study skills and lack of emotional balance create special circumstance that demands a change in parenting style.

In spite of diligent effort, many parents find themselves struggling in getting a full buy in from their children and redirecting them to become cooperative, prompt and flexible.

Understanding developing brain and role of Executive Function (EF) is likely to help parents create a new framework for successful parenting.

Sucheta will discuss ways of supporting the needs of developing children and will provide tips to ease the burden of parenting.

About Sucheta

Sucheta Kamath is a cognitive rehabilitation specialist with specific expertise in the assessment and treatment of children and adolescents with executive functioning deficits. She brings together current research in neuroscience, clinical expertise, and an appreciation for raising children and helping them become more self-sufficient. For over 20 years, she has specialized in guiding children, families and schools to manage the full range of developmental challenges affecting all kinds of learners; particularly capable underachievers who are riddled with inconsistency. Sucheta has worked in a variety of settings, including Massachusetts General Hospital, private clinic and as a consultant at private and public school. She is a recent graduate of Leadership Atlanta Class of 2015 and serves on various boards including International Dyslexia Association (GA), Georgia Speech and Hearing Association and the Speech Foundation. Sucheta has recently started an educational software company that creates tools for the executive brain.

SUCHETA KAMATH, MA, BC-ANCDS, CCC/SLP

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